BROOKTON ALL HOURS GYM

MEMBERSHIP APPLICATION

1. **COMPLETE THE FORM & PAY MEMEBERSHIP FEE AND COLLECT GYM KEY.**
2. COMPLETE ONLINE INDUCTION, PROVIDE A COPY OF CERTIFICATE OF COMPLETION
3. **SET UP YOUR E-KEY.**
4. **USE THE GYM, GET FIT, AND BE HAPPY!**

MEMBERSHIP INFORMATION

Surname		**First name**	
Parent/Guardian			
Date of birth		**Phone no.**	
Postal address			
Email			

** All correspondence will be sent via email, unless otherwise noted that post is preferred.

IN CASE OF EMERGENCY, PLEASE CONTACT:

Name			
Relationship			
Address			
Email		**Phone no.**	

MEMBERSHIP:	3 MONTHS	6 MONTHS	12 MONTHS
ADULT (18+)	$104.00 ☐	$184.00 ☐	$277.00 ☐
JUNIOR (under the age of 18 years but over the age of 12 years, must be accompanied by parent/guardian written above and has a membership)	$50.50 ☐	$92.00 ☐	$139.00 ☐
CONCESSION (Senior Pensioner – current card must be sighted by staff)	$52.00 ☐	$92.00 ☐	$139.00 ☐

***SECURITY: The Gym is accessed via a key-locked door and an electronic locked door. There is a $70.00 bond for the key – this is forfeited for any lost or stolen keys. Key bonds are refunded after the key is returned to the Shire Administration Office. An individual e-key will be issued to you upon completion of your online induction and a copy of your certificate of completion received.**

** To be eligible for Concession, a Shire Staff Member must sight a valid and current Concession Card.
*** *Fees are subject to Council approval on an annual basis – please refer to the Fees and Charges for current fees and charges.*

PRIVACY STATEMENT

The Shire of Brookton is bound by the principals set out in the Privacy Act 1988, as amended, and respects the privacy of your personal information. The information contained on this membership form is collected for the purpose of processing, managing and administering your membership. It will not be otherwise disclosed without your consent.

If you wish to seek access to your personal information or have any questions regarding the handling of your personal information, contact the Shire. We welcome any changes to your details so as to keep our records up-to-date.

OFFICE USE ONLY:

Bond: #T & $	Membership Fee: $	Receipt #:	Date:	Induction attached: Y / N
By (Staff name):	Gym Key #:	Exp date:	TTlock key issued: Y / N	Spreadsheet: Y / N

MEDICAL PRE-ACTIVITY REVIEW	**Please tick response**
Has your doctor ever told you that you have a heart condition, or have you ever suffered a stroke?	Yes ☐ No ☐
Do you ever experience unexplained pains in your chest at rest or during physical activity/exercise?	Yes ☐ No ☐
Do you ever feel faint or have spells of dizziness during physical activity/exercise that causes you to lose balance?	Yes ☐ No ☐
Have you had an asthma attack requiring immediate medical attention at any time over the last 12 months? *(This does not include the self-administration of Ventolin, Becotide or any other inhalant)*	Yes ☐ No ☐
If you have diabetes (type I or type II) have you had trouble controlling your blood glucose in the last 3 months?	Yes ☐ No ☐
Do you have any diagnosed muscle, bone or joint problems that you have been told could be made worse by participating in physical activity/exercise?	Yes ☐ No ☐
Do you have any other medical condition(s) that may make it dangerous for you to participate in physical activity/exercise?	Yes ☐ No ☐

IF YOU ANSWERED 'YES' to any of the 7 questions, please seek guidance from your GP or appropriate allied health professional prior to undertaking physical activity/exercise.

IF YOU ANSWERED 'NO' to any of the 7 questions, and you have no other concerns about your health, you may complete your online induction and become a Brookton Gym User.

DECLARATION:

I *(print name)* _____agree and acknowledge the following:

- I have read the attached Conditions of Use and Policy, have understood its content and agree to abide by all conditions.
- I realize that it is in my best interest to consult a doctor before engaging in any physical training and I will ensure my health is of an adequate level so as to safely use the Brookton All Hours Gym.
- I will promptly notify the Shire of Brookton if I perceive any risks or hazards within the gym and surrounds in order to ensure a safe environment for all gym members.
- I will not allow any non-members access to the gym at any time.
- I will not hold the Shire of Brookton liable for any personal injury or loss or damage to property, however caused.
- I believe that to the best of my knowledge, all information I have supplied within this tool is correct.
- I have watched the gym induction and understand

MEMBER SIGNATURE: _____ DATE: _____
(Parent/Guardian to sign for underage member)

BANK DETAILS (Refund of Gym Key Bond)

Branch: _____ **Account Name:** _____

BSB: _____-_____ **Account Number**: _____

To ensure that your bond is returned without delay you are required to confirm your bank details in writing (New Creditors Form). Please note refunds will ONLY be returned to the Organisation or person named above.

Customer copy

DECLARATION:

I *(print name)* _____ agree and acknowledge the following:

☐ I have read the attached Conditions of Use and Policy, have understood its content and agree to abide by all conditions.

☐ I realize that it is in my best interest to consult a doctor before engaging in any physical training and I will ensure my health is of an adequate level so as to safely use the Brookton All Hours Gym.

☐ I will promptly notify the Shire of Brookton if I perceive any risks or hazards within the gym and surrounds in order to ensure a safe environment for all gym members.

☐ I will not allow any non-members access to the gym at any time.

☐ I will not hold the Shire of Brookton liable for any personal injury or loss or damage to property, however caused.

MEMBER SIGNATURE: _____ DATE: _____

(Parent/Guardian to sign for underage member)

OFFICE USE ONLY

RECEIPT: _____ DATE: _____

INDUCTION COMPLETED: ☐YES ☐NO DATE: _____

GYM KEY ISSUED: _____ BY (STAFF NAME): _____

BOND PAID: _____

EXPIRY DATE: _____

CONDITIONS OF USE AND POLICY

ABOUT THE BROOKTON ALL HOURS GYM

The Brookton All Hours Gym is available to all registered members. It is accessible 24 hours a day, 7 days a week for members and is an un-manned gym.

REQUIREMENT FOR INDUCTION

As an un-manned gym, it is a requirement that all members complete an induction. The induction will be provided via an online platform. The video will provide instruction on how to use our gym equipment safely, appropriate gym attire, cleaning of gym equipment, warm up and cool down exercises and lastly our safety procedures in case of an emergency.

EVACUATION AND EMERGENCY CONTACTS

In the case of emergency where evacuation is required, members should follow the emergency evacuation plan located on display in the gym. For group activities, there is an assembly point located in the south carpark near the storage shed. Please call 000 for Fire, Police or Ambulance.

For other emergencies, please contact Shire Administration on 9642 1106 or 0427 421 032 after hours.

ACKNOWLEDGEMENT OF RISK

The Brookton All Hours Gym operates on an all day/night basis and is accessible by members. The Shire has made every effort to ensure that its Conditions of Use and Policy has been prepared and implemented to promote safe and correct use of gym equipment to encourage a safe environment for all gym users.

Members accept and understand that there are obvious and inherent risks in the activities undertaken at the Shire of Brookton's All Hours Gym and acknowledge that the activities members undertake whilst at the gym may involve a risk of physical harm and that by participating in these activities voluntarily; you do so at your own risk.

The Shire of Brookton, its servants and agents, accept no liability for any loss or damage to property or death or personal injury however arising from members' use of the Brookton All Hours Gym.

All members are advised to seek medical consultation and clearance before commencing an exercise program. The pre-activity review administered by the Shire does not provide advice on a particular matter, nor does it substitute for advice from an appropriately qualified medical professional. The Shire of Brookton recognizes that this review in no way provides guarantee against injury or death, but rather provides a tool for both staff and users to identify health risks that may be present. The Shire of Brookton cannot force a user to seek a medical clearance before using the gym.

MEMBERSHIPS

The following types of memberships will be available:

- Adult Membership (18+)
- Junior Membership (under the age of 18 years but over the age of 12 years)
- Concession Memberships (Health Care Card holder, Pensioner)

1. Memberships are not transferrable or refundable.
2. Memberships run for 3 months, 6 months or 12 months.
3. Memberships may be cancelled at any time at the Shire's discretion, or a member may be requested to leave if the member does not behave in a responsible manner or does not adhere to the Conditions of Use or Policy.
4. Facilities or equipment within the gym may be unavailable from time to time due to breakdown or other unforeseen reason. The Shire will not be held liable for such occurrences.

TERMS AND CONDITIONS

Dress Code:

1. You must be clean and dry when entering the gym.
2. Shirts/singlets or athletic crop tops are to be worn at all times.
3. Covered athletic shoes are to be worn at all times.
4. Any jewelry that may cause injury is not to be worn.

Use of Equipment:

1. Equipment only to be used as shown in displayed instructions or as advised during the online induction.
2. All equipment to be returned to its allocated position after use.
3. A towel must be used at all times, and equipment wiped down after using the supplies provided after you have finished your work out as shown in your induction.
4. Weights are not to be dropped.
5. Any faulty equipment must be reported in the book provided.
6. Any equipment that is unsuitable for continued use is to have an 'Out of Service' tag attached.
7. No member is to use equipment while under the influence of alcohol or recreational drugs.

Member Access:

1. Access is only available to members. The taking of non-members to the gym or sharing your keys will void your membership immediately. A 12-month ban will be imposed on your usage and no refund will be given.
2. The Gym is accessed via a key-locked door and an electronically locked door accessed via an e-key. There is a $70.00 key bond – this is forfeited for any lost or stolen keys.
3. Bond will be refunded upon expiration of gym membership and return of key to the Shire Administration Office. The e-key will be issued to you when you sign up and will automatically expire in accordance with your membership.
4. Bond will be forfeited if the key is not returned **within 14 days upon expiration of gym membership.**
5. All members must use their individual E-Keys and not tail gate other members. They must also sign in and out in the book provided.
6. Members to ensure the doors are locked when leaving.
7. All members are encouraged to attend the gym with another member to reduce the risk of injury and accidents.
8. **ALL JUNIOR's** with a financial membership who are under 18 years of age but over the age of 12 must be accompanied by an adult who has a membership and is registered on the junior's membership record.
9. No children under 12 years of age are permitted to enter the gymnasium.
10. No smoking, food or drinks can be consumed in the Gym other than water contained in sealed bottles or containers.
11. If you are the last one to leave, ensure the lights and air-conditioners are turned off.
12. Electronic devices are to be made inaudible to other users unless by agreement of all those present at the time.
13. Members will not use the gym if they are feeling unwell or there is a change to their medical condition that makes it unsafe to do so.
14. Any incidents and near misses are to be reported to the Shire Administration as soon as possible.

General Rules

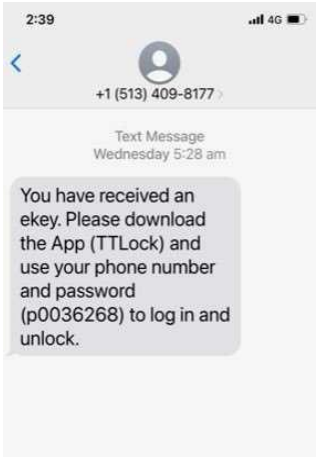
1. Photography or videography is **not** allowed without the prior written consent from the Shire of Brookton and all individuals involved.
2. Posting any photos or videos online without the consent of all individuals captured is strictly prohibited. Failure to comply will void your membership immediately. A 12-month ban will be imposed on your usage and no refund will be given.

Online Gym Induction Instructions

- Find email from Dramstra – This will give you your username and web address
- Click link in email
- Create new password
- Click to watch a lesson
- Download Damstra app when prompted
- Open when downloaded
- Enter web address - avoncentralmidlands
- Press Continue
- Enter username & password
- Log in
- You should open to Lessons, if not go to the bottom of the page and click lessons
- Click the lesson due – Shire of Brookton – Gym induction
- Once completed you will receive email with a certificate
- Please email the certificate to mail@brookton.wa.gov.au

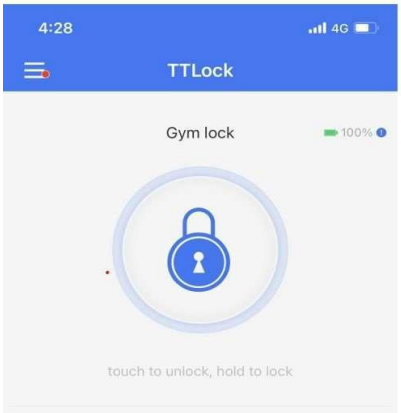
TTLock Electronic key instructions

3. Notification issued via SMS to smartphone advising you have received a e-key.



4. Download the TTLock app on your smartphone from Google Play or Apple App Store.

TTLock - Apps on Google Play

TTLock on the App Store (apple.com)

5. Login – enter your mobile phone number and password provided in SMS.
6. Select your Country or Region.
7. Select Gym Lock.
8. To unlock hold device over gym Smart Lock keypad on gymnasium door.